



The TEECH Foundation

Behavioral Health Services

Quarterly Newsletter

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Great Things Happen @ TEECH

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FSSRI Far Southside ROSC Initiative

PLANNING FOR A BETTER COMMUNITY

Holistic Services

To The Southwest Side of Chicago

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TEECH provides holistic services to the Southwest Side of Chicago for those who have been inflicted with the disease of addiction, and extends to family, friends and the community. The services are generated through the following entities: Substance Use Prevention and Recovery (SUPR), Recovery Support Services (RSS), Recovery Oriented Systems of Care (ROSC) – Far Southside ROSC Council- and Recovery Community Organizations (RCO).

TEECH continues to educate on substance use awareness and how to identify the signs and symptoms of mental health issues. We are placing emphasis on substance use overdose as a result of the increasing numbers of individuals who have overdosed and have left many communities, family and friends with the question of “What should I have done different?” This questioning and the enormous number of overdoses prompted TEECH to become a Drug Overdose Prevention Program (DOPP), therefore, welcoming harm reduction

and **Multiple Pathways To Recovery**. This means that TEECH can now train and distribute Naloxone medication to the community, family, friends, and organizations FREE. TEECH will train and distribute to anyone who has a desire to gain knowledge and possess the medication, including individuals in active addiction.

We provide Holistic Services

TEECH uses DOPP services to strengthen our program to foster growth within our communities and organizations. We are hoping to help others understand the need to save lives and the need to work together to make this possible. TEECH is proposing to host 3 monthly Naloxone trainings and medication distribution at our site and surrounding areas. The schedule for these trainings will be posted on our website: www.teechfoundation1.org.

**TEECH Foundation's
goal is for no person to
walk out of our doors
the way they walked in.**

TEECH has experienced many successes, but there is always one that stands out the most. We have successfully assisted with providing employment and housing to over 10,000 individuals. Our goal is to ensure all our participants do not walk out our doors without having a different outlook on their lives.

We're Here To Help!



TEECH recognizes the struggle of the community, family, and friends of those in active addiction, recovery and those suffering from mental health issues. We welcome you to contact us for support in any capacity. If we cannot fulfill your request, we most defiantly can give you a referral.

Did You Know?

Marijuana was legalized in Chicago, January 1, 2020. However, there is a lot of misleading information that can cause dire consequences.

*"Tell me and I forget.
Teach me and I remember.
Involve me and I learn."*
Benjamin Franklin

This newsletter is approved by:
Dr. White, TEECH Foundation CEO

Mark Your Calendar!



TEECH FOUNDATION ACTIVITY CALENDAR

ROSC monthly meetings
Family, Friends and Community Fun day
12 Step Meetings

UPCOMING EVENTS:

Spring Fling – Sip and Talk
ROSC Far-Southside Gala
Recovery Breakfast

Visit our website for date, time, & location
www.teechfoundation1.org